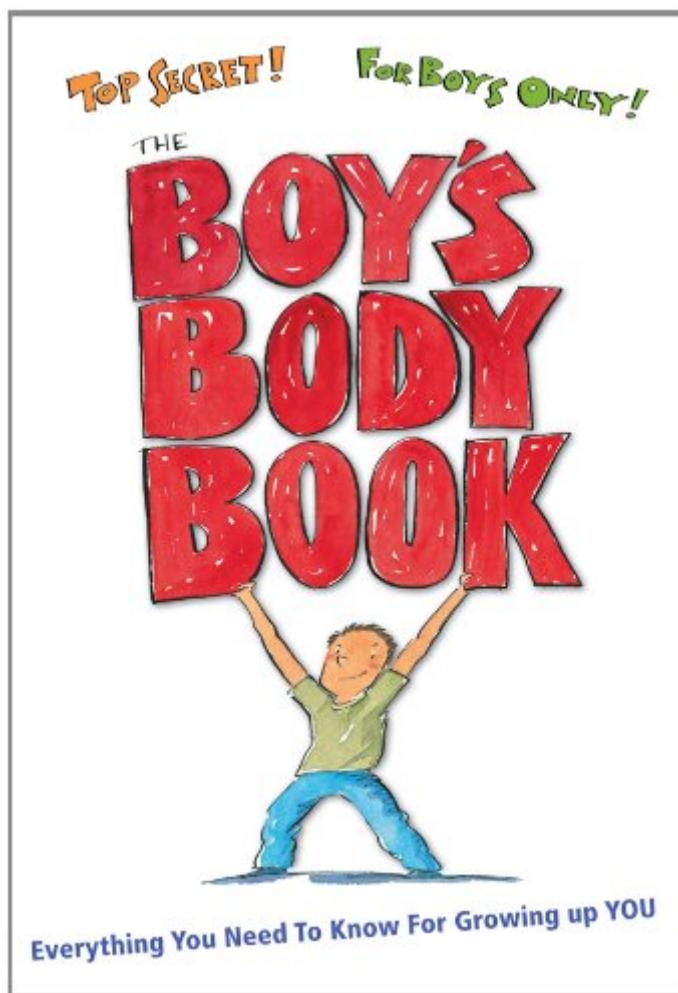


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# The Boy's Body Book: Everything You Need To Know For Growing Up YOU (Boys World Books)



## **Synopsis**

As boys reach adolescence, everything changes: their bodies, their feelings, and their relationships. Their world turns shaky just when they find it hardest to talk with the adults in their lives. But even if they won't say what's on their mind, they still want straight answers. The Boy's Body Book provides them, in a readable, reassuring, and illustrated guide. It covers a boy's every concern: hygiene, exercise, teachers, peer pressure, sex, and siblings. He'll learn about what's going on physically (vocal changes, body hair) and how to handle academic pressures, deal with out-of-control feelings, make new friends, and stay safe through it all. This invaluable manual is modeled after the blockbuster American Girl® title, The Care and Keeping of You. Boys haven't had their equivalent and parents, teachers, and booksellers have been demanding one. Here it is—and every boy should own it.

## **Book Information**

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## **Customer Reviews**

My son just turned 11. He's a kid-kid, a boy who is still fairly oblivious about any kind of teen issues, but as he's moving on to Middle School and will increasingly be out of mom and dad's parental sphere, it is definitely time to begin talking about the changes he and his body will be going

through. So we purchased this book, and I have to tell you that I DON'T LIKE IT. The first thing I didn't like was that negativity in the Introduction. It was all about 'being afraid to ask questions', 'not being able to talk to your parents', 'being ignorant', 'being laughed at', and 'feeling awkward'. Now some kids might feel that way and the book may serve them well by taking such an approach. But my kids (13 & 11) still talk to me (and talk and talk and talk) and I don't really appreciate introducing negative notions that they may not have thought of otherwise. Another thing I disliked was how jumpy the dialog seemed to be. I read the The Care and Keeping of You: The Body Book for Younger Girls with my daughter and it didn't have the same frenetic approach. In Chapter One, for example, the book discusses, Smell, Baths, Getting Dressed, Lotion, How Deodorant works, washing your hands, what a germ is, Shampooing hair, what conditioner is for, ear care, how loud noise can hurt your hearing, zits, washing your face, shaving, brushing your teeth, going to the dentist, braces, smelly feet, what Athlete's Feet is, Drinking, Smoking, and Drugs, Steroids, sleep, and wetting the bed. A lot for one chapter, and though related in topic, you have to know that each of these subjects were presented in the order I listed them, .AND.

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